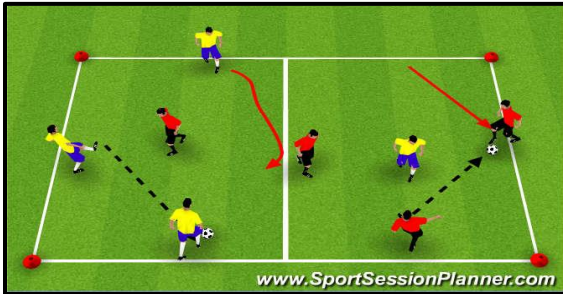
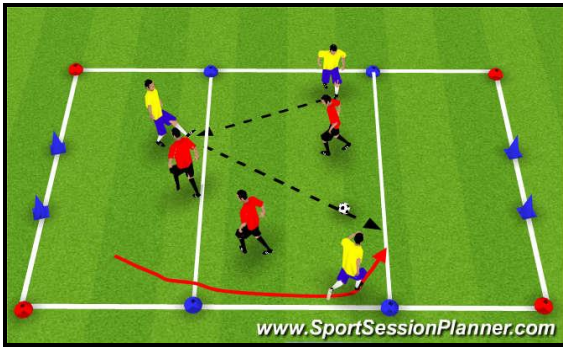
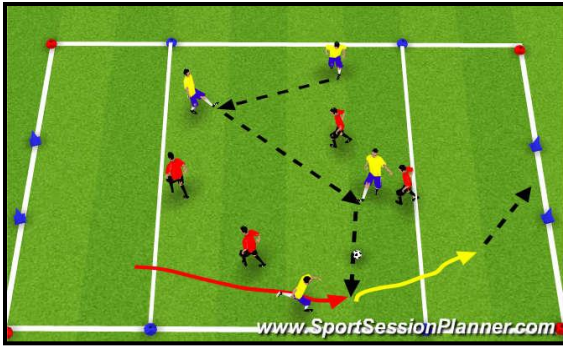


## Module 2: Passing and Receiving

## Topic: Passing for Build up

**Objective: To improve the player's and team's ability to build up the attack when in possession of the soccer ball**

Stage	Organization	Diagram	Guided Questions
<b>Stage I</b> <b>Technical</b> <b>Warm up</b>	<p><b><u>3v1 Keep away:</u></b></p> <p>In a 12Lx10W yard grid have 3 players passing and receiving and keeping the ball away from the defenders</p>	 <p style="text-align: right; font-size: small;">www.SportSessionPlanner.com</p>	<ul style="list-style-type: none"> <li>• What surface of the foot to use?</li> <li>• What surface of the ball to strike?</li> <li>• Which direction for the first touch?</li> <li>• Where are you looking to play the pass or the ball next?</li> <li>• Where and what is the angle of support?</li> <li>• Where and what is the distance of support?</li> <li>• What is your Supporting body shape?</li> <li>• How to use Mobility to get in good positions or to open passing lanes?</li> <li>• What ways can you demand or ask for the ball?</li> <li>• When to play the way you are facing?</li> <li>• When to possess or penetrate?</li> <li>• When should we play fast or slow down the game?</li> <li>• Tempo and rhythm of play</li> <li>• How much of the field should we use?                             <ul style="list-style-type: none"> <li>○ Width, Depth and Height</li> </ul> </li> </ul>
<b>Stage II</b> <b>Small Sided</b> <b>Activity</b>	<p><b><u>3v3 To Goals (Number of Passes):</u></b></p> <p>• In a 30Lx20W grid, play a 3v3 game to score in the opponents goal.</p> <p><b>Scoring:</b></p> <p>• A goal value is equal to the passes completed before scoring in one possession. i.e. 4 passes and a goal scored – Goal is worth 4 points.</p>	 <p style="text-align: right; font-size: small;">www.SportSessionPlanner.com</p>	
<b>Stage III</b> <b>Expanded</b> <b>Small Sided</b> <b>Activity</b>	<p><b><u>4v4 to Two Goals (Midfield Number Passes):</u></b></p> <p>In a 40Lx30L grid divided into 3 thirds, play a 4v4 game to score in the opponents goal.</p> <p><b>Scoring:</b></p> <p>• A goal value is equal to the passes completed in the midfield before scoring in one possession. i.e. 4 passes and a goal scored – Goal is worth 4 points.</p> <p>• A goal after any combination is 10 more points</p>	 <p style="text-align: right; font-size: small;">www.SportSessionPlanner.com</p>	
<b>Stage IV</b> <b>Conditioned</b> <b>Game</b>	<p><b><u>5v5 or 6v6:</u></b></p> <ul style="list-style-type: none"> <li>• Two teams with a specific formation</li> <li>• Play the game and encourage the players to recognize when to possess and when to penetrate and create a rhythm of play</li> </ul>		