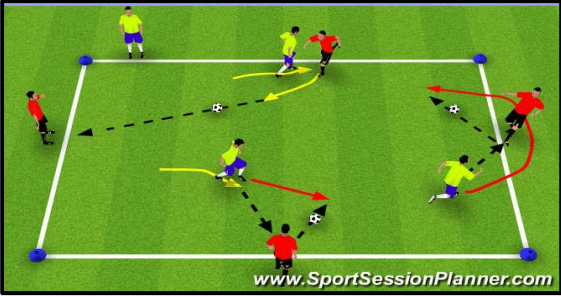

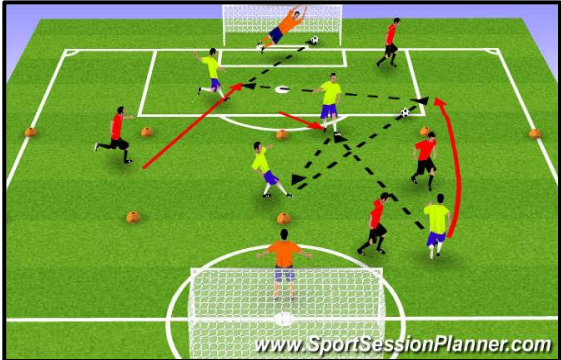


# JASA JUNIOR'S PRACTICE LESSON PLANS-WEEK 6

## Module 2: Passing and Receiving

## Topic: Combining to Play in the Final Third

**Objective: To improve the team's ability to pass, receive and combine in the final third**

Stage	Organization	Diagram	Guided Questions
<p style="text-align: center;"><b>Stage I</b> <b>Technical</b> <b>Warm up</b></p>	<p><b><u>Combo's Square:</u></b> In a 30Lx25W Yard grid, place half of the players outside all sides of the grid without a ball, the other half inside the grid with a ball. The players with the ball inside the square will dribble and look to play a combination with a player on the outside of the square The coach will show the players the following combinations: <b>wall passes, overlaps, and take-overs</b></p>		<ul style="list-style-type: none"> <li>• When do we pass to our teammate where do we play the ball?</li> <li>• What is your body position to receive the ball?</li> <li>• What surface do we use to pass the ball?</li> <li>• When should you use one touch?</li> <li>• When do you check to receive the ball?</li> </ul>
<p style="text-align: center;"><b>Stage II</b> <b>Small Sided</b> <b>Activity</b></p>	<p><b><u>2 v 2 + 2 Neutral Players</u></b> In a 30Lx20W yard grid with two teams playing to score in the opponent's goal.</p> <ul style="list-style-type: none"> <li>• The 2 neutral players play for the attacking team to create a diamond shape.</li> <li>• 1 point for each regular goal. 5 points for every goal scored after a combination.</li> <li>• Play to 15 or 20.</li> </ul>		<ul style="list-style-type: none"> <li>• When should you pass?</li> <li>• When should you dribble?</li> <li>• When do we penetrate quickly?</li> <li>• When and how should we combine with our teammates to get a scoring chance?</li> <li>• How can we quickly move the ball, or combine to find space and positive #s?</li> </ul>
<p style="text-align: center;"><b>Stage III</b> <b>Expanded</b> <b>Small Sided</b> <b>Activity</b></p>	<p><b><u>5v5(GK+4v4+GK):</u></b> In a 50Lx40W area divided into thirds, split players into 2 teams with 4 players and a GK, place one attacker and one defender in the attacking zones, remaining players are in the middle zone (1v1+GK / 2v2 / 1v1+GK). Teams are trying to score in the opponent's goal. Players can only advance out of their zone by combining with a teammate in another zone</p> <ul style="list-style-type: none"> <li>• Goal scored after a combination play, 100 points</li> <li>• Goal scored any other way, 10 points</li> </ul> <p>Game is to 200 points</p>		<ul style="list-style-type: none"> <li>• How can you receive the ball into space and away from defenders?</li> <li>• What should be the angle of support?</li> <li>• How can you attack quickly and catch the defending team numbers down?</li> </ul>
<p style="text-align: center;"><b>Stage IV</b> <b>Conditioned</b> <b>Game</b></p>	<p><b><u>6v6 or 7v7:</u></b></p> <ul style="list-style-type: none"> <li>• Two teams with a specific formation</li> <li>• Play the game and encourage the players to recognize when and how to combine in the final third</li> </ul>		